

Easy Read Summary

Our plan for making Transforming Care Targets happen in the North East and Cumbria

This plan is especially about a good life for people with Learning Disabilities who have autism, mental health needs or behaviour that challenges



We are aiming for the North East and Cumbria to be as good as anywhere in the world for someone with a learning disability and autism to live.



We will make sure that everyone involved in people's care are working together to give people the best support.



We will train and employ skilled staff to make people's lives as full and happy as they can be.

How we want to make people's life better.



Stop people with learning disabilities going into hospital if they do not need to be there.



Have plans to try and stop things getting bad in people's lives.



Have plans to support people if anything bad does happen.

We will make sure that people's lives are the best that they can be by:



**Building people's confidence so that
they can make their own decisions**



**Giving people the opportunity to do
the things they want to do.**



Job Centre



College

**Making it easier for people to get
paid work and education.**

We will make sure that people's lives are the best that they can be by:



Making it easier for people to get good housing.



Making sure that people have good quality health services.

Our plans will make sure that



Each person has choices and can make decisions in all areas of his or her life.



Everyone who is involved in people's care works together.



Plans are in place to change things if they are not working or if things happen which were not expected.

Our plans will make sure that



We can stop people getting into trouble and being involved in crime.



We support people in the best way if they do become involved in crime.

Our plans will make sure that



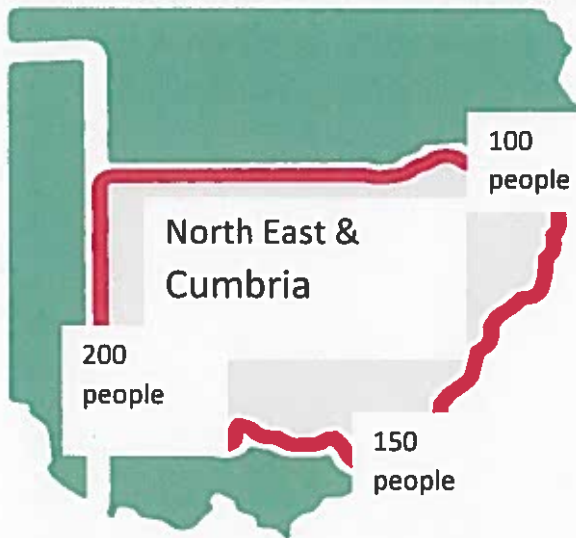
We have a well skilled team who will work with people and support them to have the best life they can have.



We will provide good quality services giving people the services they want.



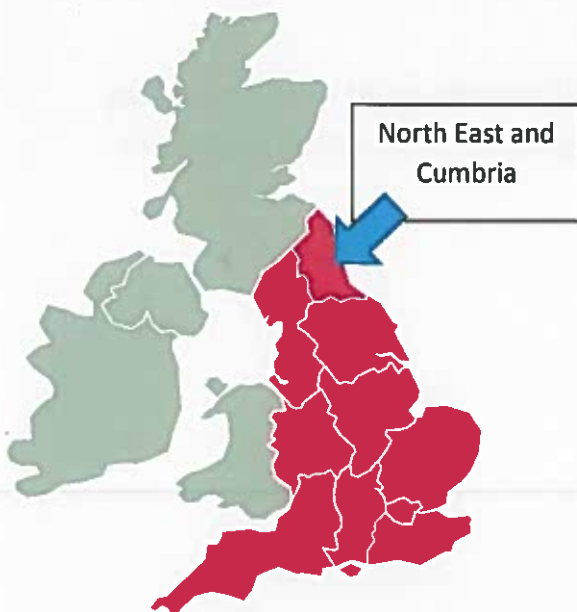
We have started out work by looking at how things are now in North East and Cumbria



We looked at

How many people with learning disabilities live in the North East and Cumbria.

How many people with a learning disability lived in which areas.



There are more people with a learning disability living in the North East and Cumbria than the rest of the country.

This is because a lot of people with learning disabilities were moved into hospitals in the North East and Cumbria from other parts of the country and are receiving services.

We looked at



How we can work with new providers who work in a different way to support people.



Making sure that everyone involved in looking after people with a learning disability works together to make services better.

What we have done so far



We have looked at all of the information we have collected.



We have moved more people out of hospital into the community than most areas of the country.



More people with Learning Disabilities in the North East live in their own home than in other parts of the country

What we are going to do



We are going to make sure that everyone receives the same good quality of service wherever they live in the North East and Cumbria.



We are setting standards and checking these are working to make sure that we give people good services.

What we want for the future

We want to make sure:



People with learning disabilities live in a home that they choose and with people they want to live with.



People are supported to live in their own homes for as long as they want.

We want to make sure:



There are community services in place to help people remain in their own home and not need to go to hospital.



We have systems in place which check that we are continuing to give good quality services



People with learning disabilities, and their families and carers are involved in all our plans for the future.

How we will check if the right changes are being made

We will check



That there are less people with learning disabilities going into hospital.



When people go into hospital that they do not stay in for long and are discharged as soon as they can.

We will check



That people are living in homes they
have chosen.



That there are more people in paid
jobs.

We will check



That we are helping people to keep healthy.

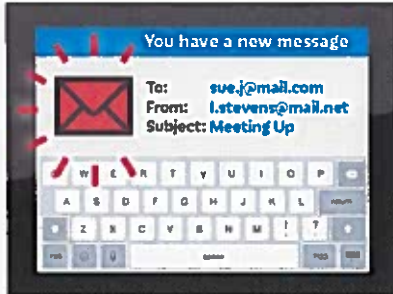


That we are giving people the right support and care to stop them needing more services and admission into hospital.



That all people have care reviews that look at the treatment people are getting and what the plans are for the future.

We will check



That information on people is shared
between everyone involved in their
care when the person agrees.

What is happening in each area - the Local Plans?



All areas in the North East and Cumbria have their own local plan for how they are going to make the changes.



People can find out what is happening in their area from their local Clinical Commissioning Group

Local Plans include things like



Each area will have a Community Team who will be able to get you specialist support if you need it.



Making sure that people with learning disabilities and their families can have the services of an advocate if they need it.

The Transformation Board



The Transformation Board will make sure that everyone is working together to make the changes happen.

The Transformation Board is made up of:



Clinical Commissioning Groups in the North East and Cumbria.



Directors of Adult Services in the North East and Cumbria.



NHS England Specialised Commissioning.



Providers of Social Care.



North East and Cumbria Learning
Disability Network.



Confirm and Challenge Group.



Health Education England

NHS Health Education North East.



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